



Dear Parent/Guardian,

Your child is invited to attend new Hockey activity sessions, which are being offered in partnership Bryngwyn School. The sessions offer the opportunity for Year 5 & 6 children to learn new skills, in a fun and friendly environment.

No equipment is needed, and no booking is required. Hockey coaches and Bryngwyn pupils will run the activities, at no cost to parents.

Sessions start on Wednesday 15th September, and children are welcome to come along and take part in the activities anytime! Further info is below:

- Dates: Every Wednesday (Term Time)
- Time: 3.30-4.30pm
- Venue: Bryngwyn School
- Age: Year 5&6 Pupils (from Bryngwyn Catchment Primary Schools)

Although no equipment is required, we do ask that pupils wear suitable clothing, shin pads (if they have any), and to bring a drink along.

Activities will be held either on the hockey pitch (visible from the Car Park), or in the Sports Hall, which can be found via the Main Entrance and turning left towards the PE Department.

We look forward to seeing your child at the sessions!

Kind Regards,

Ali Discombe

Active Young People Officer
Carmarthenshire County Council
adiscombe@carmarthenshire.gov.uk

Lucy Williams

Head of PE (Bryngwyn School)



Annwyl Riant / Warcheidwad,

Gwahoddir eich plentyn i fynychu sesiynau gweithgareddau Hoci newydd, sy'n cael eu cynnig mewn partneriaeth ac Ysgol Bryngwyn. Mae'r sesiynau yn cynnig cyfle i blant Blwyddyn 5 a 6 dysgu sgiliau newydd, mewn awyrgylch hwyliog a chyfeillgar.

Nid oes angen unrhyw offer neu angen cadw lle. Cynhelir gweithgareddau gan hyfforddwyr hoci a disgyblion Bryngwyn, heb unrhyw gost i rieni.

Fe fydd sesiynau yn dechrau ar ddydd Mercher 15 Medi ac mae croeso i chi ddod a'ch plant i gymryd rhan yn y gweithgareddau unrhyw bryd! Gweler rhagor o wybodaeth islaw:

- Dyddiadau: Bob dydd Mercher (Yn ystod y Tymor)
- Amser: 3.30 - 4.30pm
- Lleoliad: Ysgol Bryngwyn
- Oedran: Disgyblion Blwyddyn 5 a 6 (Ysgolion Cynradd Dalgylch Bryngwyn)

Er nad oes angen offer, rydym yn gofyn i ddisgyblion i wisgo dillad addas, padiau coesau (os oes ganddynt), ac i ddod â diod bob tro.

Bydd gweithgareddau yn cael eu cynnal naill ai ar y cae hoci (weladwy o'r Maes Parcio), neu yn y Neuadd Chwaraeon, y gellir ei weld drwy'r Brif Fynedfa a throi i'r chwith tuag at yr Adran Addysg Gorfforol.

Rydym yn edrych ymlaen at weld eich plentyn yn y sesiynau!

Cofion cynnes,

Ali Discombe

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Lucy Williams

Pennaeth AG (Ysgol Bryngwyn)